

Roger Plouffe



**I'm a
champion!**

For high energy life,
strong leadership,
and commitment,
Join the Y!
The Y is a place
where you can
become a champion.
YMCA

Roger Plouffe

Over twenty years ago, Roger first came into contact with the Y when he was commissioned to build saunas for the fitness facility. Now, he is a constant and welcome presence at each of the Y's many branches throughout the community.

The foundation of a champion

In 2001, Roger's wife Marie-Anne was working for the Y when a position became available in the Maintenance department. After some thought he made the choice to apply, and got the job! Two years later, the manager of Housekeeping quit. Roger then took on more responsibility, which eventually led to him becoming the Maintenance Manager, which he is still today. It is Roger who ensures that many of the internal operations are running smoothly. When help is needed, he is often the first one staff members call.

At the heart of the Y

Roger is not just an employee of the Y. He really is invaluable as part of the Y family. Every day, Roger takes on different roles depending on current circumstances. He has done a bit of everything: driven the bus for the Simon Fraser Lodge residents, plowed the parking lots early in the morning at Highland, built shelves for storage in the basement and even hosted numerous staff events in his own home. It would be hard to find another person that is so generous with his services and time.

Above and beyond

"The Y means a lot to me," Roger says. He enjoys every minute he works for the organization because he strongly believes in what it stands for. Besides working for the Y, Roger and his family have personally volunteered for the organization. He played a large part in the success of Healthy Kids Day, and is willing to give an extra helping hand to anyone at any time without asking for anything in return. "Volunteer is not really the right word for Roger," one staff member shares. He is without a doubt one of the most well-known faces around the Y. Everyone who passes by is greeted by his warm smile and cheery disposition.

I'm a
champion!